

Name of modules and description of courses

Name of Modul German	Name of Modul English	ECTS
Basismodul	Basics of sport science	8
Einführung in die Sportwissenschaft: Erziehungs-, sozial- und gesellschaftswiss. Grundlagen	Introduction into sport science: Pedagogical-and social basics	4
Einführung in die Sportwissenschaft: Naturwiss. Grundlagen	Introduction into sport science: Natural scientific basics	4
Vertiefung der Sportwissenschaft: Erziehungs-, sozial- und gesellschaftswiss. Sporttheorie	Advanced sport science: Pedagogical-and social basics	4
Vertiefung der Sportwissenschaft: Naturwiss. Sporttheorie	Advanced sport science: Natural scientific basics	4
Projektmodul	Project module	10
Didaktik und Methodik der Sportarten: Individualsport (Bereich A/B)	Didactics and Methodology of sports: Individual sports	Depending on number of courses chosen
Didaktik und Methodik der Sportarten: Spielen in Mannschaften (Bereich C)	Didactics and Methodology of sports: team sports	
Didaktik und Methodik der Sportarten: Weitere Sportarten (Bereich E)	Didactics and Methodology of sports: other sports	

The advanced theoretical courses are normally 4 credit points worth.

„Basismodul“

For this module five courses need to be completed.

1. „Einführung in das Studium der Sportwissenschaft“, (wintersemester)
2. „Funktionelle Gymnastik“, (winter semester)
3. „Anfangsschwimmen“, (summer semester)
4. „Psychomotorik“ (summer semester)
5. „Kleine Spiele“. (winter semester)

Modul „Grundlagen naturwissenschaftlicher Sporttheorie“

This module is separated into two parts.

1. „Einführung in bewegungs- und trainingswissenschaftliche Fragestellungen des Sports“
2. „Einführung in gesundheitswissenschaftliche Fragestellungen“.

Those courses are always on Wednesdays from 8.30 to 10.00. At the end of the course a written exam is obligatory to pass.

“Advanced Sport Science”

Before taking a advanced sport science course an introduction should be completed. For Erasmus students it is possible to choose the courses anyways, but basic knowledge of sport science should exist.

Module „Spezielle Didaktik und Methodik“

This module is separated into four parts:

1. “Spielen”
2. „Individualsport“
3. „weitere Sportarten“
4. „Exkursion“

„Spielen“ includes basketball, baseball, football, volleyball, badminton, tabletennis, hockey, rugby

“Individualsport” includes track and field athletics, dancing, gymnastics, swimming

“weitere Sportarten includes Schneesport (skiing and snowboarding), Auf Rollen und Rädern (inlineskating, mountainbiking, snakeboarding, waveboarding), Kämpfen (judo, wrestling,), rowing.

“Exkursion”: courses which are taking place in a block of two weeks after the semester. It includes either Schneesport, Climbing, Surfing, white-water kayaking, Mountainbiking.

The courses are separated into EP (introduction practical) and VP (advanced practical). Before choosing a VP a EP is obligatory. An EP is worth 2 credit points, a VP is worth 4 credit points. In both courses it is possible to write an exam and do a practical examination, but in the VP it is obligatory.